

You care for them - We care for you!

Caring for the Caregiver

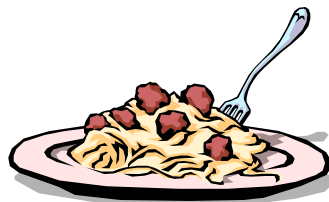
April 27th from 3:00PM – 7:00PM

Geneseo United Methodist Church on Route 63



FREE to all Caregivers!

Learn how to relieve stress! Enjoy a spaghetti dinner!
Many vendors to offer information about available community services
and how to take care of yourself and/or your care recipient.



Raffles, Door Prizes, Relaxation Techniques
Yoga Demonstration, Humor Presentation, and More
Keynote Speaker: Sister Ann Malloy, Mercy Outreach Center: Respite Care

Sponsored by: Livingston County Mental Health Association,
Noyes Memorial Hospital, Livingston County Office for the Aging,
Geneseo Parish Outreach Center and Geneseo Kiwanis

Registration REQUIRED – call to reserve YOUR spot NOW!

Dale Sells, Caregiver Resource Center: **335-4358**
Elaine Chichester, Livingston Mental Health Association: **226-3150**
Linda Weaver, Geneseo Parish Outreach Center: **243-3120**

Or email: caregiver@noyes-hospital.org