



Positive Parenting Skills Important Influence Through Generations

While it's known that using anger and threats to parent children can impact children's behavior and their future parenting style, it's only recently been shown that the effects of raising children in a warm, nurturing way with consistent, positive discipline can also influence future generations - contributing to good relationships with their own future partners and children. The findings come from a long-term study conducted by researchers from Oregon State University and the Oregon Social Learning Center that followed three generations of Oregon families with boys considered at risk for juvenile delinquency. The researchers found that children who had parents who utilized "positive parenting" were more likely to have close relationships with their peers, be more engaged in school, and have better self-esteem. **To read the full article go to:** <http://oregonstate.edu/ua/ncs/archives/2009/sep/positive-parenting-can-have-lasting-impact-generations>



For more information on HCTC, the latest on upcoming HCTC Meetings and Activities **Go To:** <http://www.gvhp.org/Home/OurProjects/HealthyCommunities/>

Students With Parents Who Set and Enforce Clear Rules Less Likely to Report Illicit Drug Use

Youths whose parents set clear rules for them are less likely to report using illicit drugs, according to data from the 2008-09 PRIDE Survey. Middle and high school students* whose parents set clear rules for them "a lot" or "often" were less likely to report using illicit drugs in the past year (12% and 21%, respectively) than students whose parents never set clear rules (49%). Similar results were found for having parents who punish them for breaking these rules (data not shown). Previous studies have found that youths living in households where parents kept track of their whereabouts and set curfews were less likely to report heavy drinking. **To read the full article go to:** <http://www.cesar.umd.edu/cesar/cesarfax/vol18/18-41.pdf>



FOCUS ON LINKING WITH OTHER COMMUNITY RESOURCES

Coordinate your organization's prevention efforts with other groups to reach specific sub-populations. When communities look at the issues and problems that threaten their well-being, they may not fully recognize the part that underage drinking may play in those problems. For example, agencies and coalitions addressing youth violence may not know that alcohol is a key factor in homicides, physical or sexual assaults, and manslaughters. From litter to homicide, all communities face issues where alcohol plays a role. Being aware of how alcohol contributes to these problems, combining resources with existing organizations, and creating coalitions to fight them effectively is the prevention challenge for our times.

Facts

- ☑ Alcohol is a key factor in 33% of suicides, 50% of homicides, 62% of assaults, 68% of manslaughters, 50% of head injuries, and 41% of traffic fatalities. It also plays a large role in domestic abuse and injury, child abuse and neglect, and workplace injuries (Prevention Enhancement Protocols System, 1999)
- ☑ Some types of youth-perpetrated homicide declined when States raised the minimum drinking age. Additionally, beer consumption rates are often used to predict youth homicide rates (Parker, M and 1995)
- ☑ For youth, a higher drinking age is associated with fewer deaths due to suicide, pedestrian injuries, and other unintentional injuries (Jones, N. E, 1992)

What To Do:

- ☑ Get involved in National Red Ribbon Week (Last Week in October)—this can involve implementing activities such as Safe Homes/Safe Parties, educating parents on emotional, social and physical development during adolescence and the effects underage drinking on development, providing parents with quizzes and skills about media and advertising, social norms and parent peer groups
- ☑ Put together a family and youth health fair: invite county agencies and organizations to provide information on local resources and educational activities and information

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