



## **NY Connects Livingston County Links Older Adults & Disabled Persons with Needed Health Resources**

Wondering how you can take care of your aging parents? Need to find health services to care for a family member with a disability? Are you caring for an elderly neighbor? Do you know what health programs and services are available?

Whether you need help for yourself, a family member or a friend, *NY Connects Livingston County* is the fastest and easiest way to get the information you need, when you need it -- anytime!

*NY Connects Livingston County* provides information and assistance for resources in your community such as personal care, home delivered meals, transportation, caregiver support, health insurance counseling, housing, support groups, dementia, and much more. It's a free, a free, confidential service!

*NY Connects Livingston County* can be access by phone or online. The toll-free NY Connects Livingston County helpline, 1-888-443-7520, is available 24 hours a day, 7 days week. The helpline offers information and assistance to individuals, their families and/or caregivers, as well as people employed in the helping service professions. It assists callers in making informed choices regarding their long term care needs by letting residents know who provides those services nearest to them and how to get in touch with service providers. Calls are answered by trained specialists, and all calls are confidential. Help is provided in many languages, and TTY is available for the hearing-impaired.

The *NY Connects Livingston County* web site, [www.NYConnectsLivingstonCounty.org](http://www.NYConnectsLivingstonCounty.org), enables the user to simply click on the services they are interested in. From there, the site will provide the user with a list of matching service providers that relate to the user's health needs. The addresses, phone numbers, fax numbers, and Web sites for each matching provider is included. Users also have the option to instantly notify health providers of their health needs through an automated email.

If you need help for an aging family member or disabled loved one of any age, contact NY Connects today. It's simple, it's fast, and you'll find what you're looking for in just one phone call or in just a few clicks.”

NY Connects Livingston County is a joint initiative of the Livingston County Office for the Aging, Livingston County Department of Social Services, Livingston County Department of Health, and Genesee Valley Health Partnership. It is funded by the New York State Office for the Aging.