



Livingston County Family/ Parent Based Resources



Program Description	Target Audience/ Ages	Eligibility Requirements	Referral Process	Cost	Agency Contact Information
<p><u>Noyes First Steps</u>: Prenatal education and support, free childbirth classes, Medicaid and WIC enrollment, HIV pre-and post-test counseling, referrals to other area agencies as needed. Goal is to reduce low birth weight rate, and assist women to have healthy babies.</p>	<p>All pregnant women, any ages, any insurances, any county</p>	<p>Pregnancy</p>	<p>Self referrals, friends/family, doctors' office.</p>	<p>0 - (we do bill insurance companies and are able to obtain reimbursement from most)</p>	<p>Noyes First Steps 111 Clara Barton St Dansville NY 14437</p> <p>Heather Wagner, BSW 585-335-4249 hwagner@noyeshospital.org</p>
<p><u>A Family Guide to Second Step</u>: teaches parents skills in empathy, impulse control and emotion management. These skills are also taught to specific students in schools throughout Livingston County. This program is taught by one of three models, video tape sent home for personal viewing, 2-3 hour formal presentation overview or formal 6 week skill oriented presentations. Home visits are also available where possible. The 6 week course outline also covers behavior management, parenting styles and appropriate strategies for dealing with consequences.</p>	<p>Any Parent in Livingston County who needs strategies in parenting, most specifically empathy, impulse control and anger management.</p>	<p>None</p>	<p>The program works best when taught to parents familiar with Second Step, but not necessarily mandatory.</p>	<p>None</p>	<p>Genesee Valley Health Partnership, Inc.</p> <p>Liz Griswold , Violence Prevention Developer 585-615-4381 egriswold@gvhp.org</p>
<p>The Youth Bureau funds programs that benefit parents:</p> <ul style="list-style-type: none"> • Community Service Program: assists families of youth who have become involved in the juvenile justice system. • Youth Advocacy: assists families and youth experiencing problems with obtaining services in school or other agencies. • Community of Caring • Center for Dispute Settlement provides mediation for youth and families experiencing conflicts. 	<p>0-21</p>	<p>Dependant on the Program</p>	<p>Please call the Youth Bureau at 243-6909 to be referred to these and other parenting resources.</p>	<p>Free</p>	<p>Livingston County Youth Bureau</p> <p>Nita Hawkins 243-6909</p>

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<p><u>Parenting Wisely</u> is a self administered computer based program that reduces family conflict and child behavior problems. Skills and outcomes for PW intervention: increased knowledge and use of good parenting skills including problem solving and assertive discipline. Parents see examples of common scenarios such as sibling conflict, getting out of the house in the a.m. and expectations on school performance.</p> <p>CASA of LC also offers substance abuse assessment, counseling and treatment services.</p>	<p>Parenting Wisely - Children Adults with 3-9 year old child Parenting Wisely - Teen Adults with 10 18 year old child</p>	<p>Parenting Adults</p>	<p>Call or email the Prevention Education office: (585) 243-6236 dhlccasa@frontiernet.net</p>	<p>None</p>	<p>Council on Alcohol and Substance Abuse of Livingston County: Holcomb Building, Suite 2 Geneseo, NY 14454 (585) 243-9210 Don Hassett (585) 243-9236 dhlccasa@frontiernet.net</p>
<p>Case management and casework counseling. Role modeling and in-home support. Information and referral.</p>	<p>Families with Children birth to age 18</p>	<p>Must meet criteria of children in the home who are at risk of out of home placement</p>	<p>Contact Preventive Unit Supervisor, Sharon Deming or Assessment, Jane Bourgoine at 243-7300</p>	<p>No Cost, Income Based</p>	<p>Livingston County Department of Social Services Sharon Deming or Jane Bourgoine 243-7300</p>
<p><u>TASA</u>: Assist young parents with parenting issues</p>	<p>Pregnant and/or parenting under the age of 21</p>	<p>Livingston County resident who is pregnant and parenting youth under 21 years of age and on Medicaid</p>	<p>Self, physician or agency referral Call 243-7299</p>	<p>Free</p>	<p>Livingston County Department of Health: TASA 243-7299</p>

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<p><u>Parent-Child Puberty Programs:</u> These programs help participants learn about the physical and emotional changes which occur during puberty and help improve communication between parents and their children.</p>	Parents/ Guardians and Children ages 9-14	Parents/ Guardians, etc Girls ages 9-13 Boys ages 10-14	Call for information 243-7531	Free	<p>Livingston County Department of Health:</p> <p>Lisa Beardsley: 243-7531</p>
<p><u>Can We Talk:</u> This program is a parent/ community networking and educational program which gives tips to parents on how to talk with their children about puberty, mixed messages, self-esteem and peer pressure</p>	Parents/ Guardians	None	GVHP at 748-5146 or Livingston County Department of Health at 243-7531	None	<p>Livingston County Department of Health</p> <p>Rachel Pena: 748-5146 or Lisa Beardsley: 243-7531</p>
<p><u>Business Education Alliance (BEA):</u> The program helps parents to navigate the "new world" of the educational systems and give parents a "toolbox" of skills to help their child succeed. Topics include: Communicating with their child, How to encourage healthy values, motivation and self-esteem and parent involvement.</p>	Grades k-12 in Avon, Cal-Mum, Dansville, Geneseo, Keshequa, Mt. Morris, Wayland- Cohocton, and York	Must be a BEA participating school district or partner agency.	None	Free	<p>Livingston County BEA c/o Livingston County Government Center 6 Court St. Rm B10 Geneseo, NY 14454 www.gvboces.org/beam</p> <p>Carrie Malone, Director Phone: 991-5085 Fax: 991-5087</p>
<p><u>Media Literacy:</u> Discusses the definition of media literacy, the impact of mass media on adults and youth and why media literacy is important. Adults learn how to teach youth to deconstruct media messages. (2-3 sessions)</p>	Parents and Community Members	None	None	Free	<p>Livingston County Department of Health</p> <p>243-7531</p>

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<p>Parent education in groups and/ or individual sessions including: Active Parenting 1-2-3-4, Active Parenting of youth 5-12, Families in Action, Parents Apart: a program for separating/divorcing parents, Age Appropriate play (ages 0-3), Strengthening Families Program (ages 10-14) and Positive Parenting.</p>	<p>Parents and Youth</p>	<p>None</p>	<p>Call Donna Horton at 658-3250 to schedule</p>	<p>\$50 per individual or \$62-70 per couple/family depending on the program</p>	<p>Cornell Cooperative Extension of Livingston County 158 Main St Mt. Morris, NY 14510 (585) 658-3250 Contact: Donna Horton</p>
<p>Community of Caring: Provide services in the home including mental health counseling, parenting information, and general supportive case management: * Counseling related to mental health, relationships and anger management. * Budgeting, parenting, and postpartum issues. * Classes based on The Nurturing Parent Curriculum * Women's parenting support group using The Nurturing Parent Curriculum * Accompany clients to DSS and court appointments; helping their voice be heard.</p>	<p>Pregnant or parenting a child under age 4</p>	<p>Pregnant or parenting a child under age 4</p>	<p>Self, physician, other agencies Call Michelle Dourie for more information: 585-658-4466 ext 16</p>	<p>None</p>	<p>Catholic Charities of Livingston County 34 East State St. Mount Morris, NY 14510 (585) 658-4466 ext 16 Contact: Michelle Dourie. LMSW</p>
<p>Mental Health Association: offers a variety of programs that cover depression, stigma, coping with loss, stress management, suicide, and many other topics.</p>	<p>Parents and Community Members</p>	<p>None</p>	<p>None</p>	<p>None</p>	<p>Mental Health Association 226-3150</p>
<p>Family Circles: a process that brings together family members to engage in conflict resolution, support, decision making, communication and honesty.</p>	<p>Parents</p>	<p>None</p>	<p>None</p>	<p>None</p>	<p>Genesee Valley Health Partnership, Inc. Liz Griswold, Violence Prevention Developer 585-615-4381 egriswold@gvhp.org</p>

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<p><u>Mentor Moms Program</u>: Volunteer will provide moral support, some education, and transportation to necessary appointments. Volunteers are women who have 'been there and done that' who can be a supportive role model for struggling moms.</p>	<p>Livingston County residents who are pregnant or parenting young children. Volunteers should be women with some parenting experience and a reliable vehicle.</p>	<p>Livingston County residents who are pregnant or parenting young children. Volunteers should be women with some parenting experience and a reliable vehicle.</p>	<p>To enroll as a client or volunteer as a mentor contact: Elaine Buzzinotti, Catholic Charities, (585) 658-4466</p>	<p>None</p>	<p>Catholic Charities of Livingston County 34 East State St. Mount Morris, NY 14510 (585) 658-4466</p>
<p><u>Hillside GLOW Family Support Group</u>: Support groups meet the 1st and 3rd Thursdays in Dansville for 2 hours and 1st and 3rd Friday in Mt. Morris. Kids go to Hillside during support group meetings. Offers the Common Sense Parenting Program. Provides family activities and advocacy for families. Can attend SPOA and CSE meetings and help families connect with other services.</p>	<p>Families with children with social, behavioral or emotional issues</p>	<p>For parents, guardians or foster parents of a child with emotional and/or behavioral challenges</p>	<p>None</p>	<p>None</p>	<p>Hillside GLOW Family Support Group Dansville and Mt. Morris Locations 87 N Main St Warsaw, NY 14569 585-786-5926 Contact: Tammy Zobel</p>
<p><u>40 Developmental Assets Trainings</u>: 20 minutes to four hour presentations designed to introduce the assets framework to a variety of audiences. Identifies the 8 categories, describes how assets empower all youth, and identifies individual youth or adults' role as asset builders and creation of an asset building community.</p>	<p>Parents and Community Members</p>	<p>None</p>	<p>Contact Nita Hawkins at 243-6909</p>	<p>None</p>	<p>Livingston County Youth Bureau Nita Hawkins 243-6909</p>

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<p><u>PEACE Family Support Group:</u> Meets every Wednesday in Livonia from 6:00 to 8:00 PM. Family driven support groups for families with children who have sever behavioral difficulties. Parent run meetings help families share experiences with navigating special education and medical profession.</p>	<p>Families with children with social, behavioral or emotional issues</p>	<p>None</p>	<p>None</p>	<p>None</p>	<p>Joni Nilsson at 346-3921 or Kat Nichols at 346-3039</p>
<p><u>TRI Group Parenting Program:</u> Meets every Tuesday from 4-6PM</p>	<p>Parents referred by LCDSS's Preventive, Foster Care, and Child Protective Units</p>	<p>Referral</p>	<p>Parents referred by LCDSS's Preventive, Foster Care, and Child Protective Units</p>	<p>None</p>	<p>Susan Aeid, LCSW-R TRI-Group tri-group.org susanattri@frontiernet.net 585-658-3690</p>